

❄️ Ride Share & Winter Break Resources ❄️

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Cc: juniors <juniors@middlebury.edu>; junior febs <juniorfebs@middlebury.edu>

Hey wonderful folks,

Hope you are holding up and finding time to take care of yourself and each other. As the semester winds to a close, we wanted to check in and share a few resources available to you if they feel supportive.

Our fall semester is coming to an end in ways we did not hope for. Feelings of disappointment, frustration, and anxiety are completely valid and shared within our community. Winter break can be another time of instability and stress for many so please prioritize safety, take the space you need to process, and support those you care for.

Rideshare: [go/winteraid](https://middlebury.edu/go/winteraid)

We have heard from several constituents that they are having trouble getting to and from the Burlington airport or would like to organize rides to and from Middlebury over break. To facilitate this, we have created a [winter break rideshare sheet](#) for people to offer or request rides. We also understand that it may be isolating for students who are staying on campus for the break. The ride share file also has a second sheet for students on campus to connect with one another.

With the rising prevalence of Covid on campus and the new booster mandate, we also wanted to forward [this google sheet](#), also available at [go/boosty](https://middlebury.edu/go/boosty), dedicated to connecting students able and willing to provide **rides to booster appointments** to those who might need one.

Resources:

Over break, students will have limited access to on-campus mental and physical health resources. If you desire support, a variety of mental health, interpersonal violence, food, and winter clothing resources are still available options. Please see the attached document for more details or contact information.

As always, if you have any questions, concerns, ideas for projects, or ways that we can advocate for your needs, **please feel free to fill out [this google form](#)** or reach out to us at JuniorSenators@middlebury.edu.

We hope you have a safe rest of your semester and a restful winter break.

Warm wishes,

Aubrianna Wilson (she/her) & the Junior Committee

sending sunshine

